

PRESTON HARRIERS

Are you running unattached or do you want to run?

Come down to Preston Sports Arena off Tom Benson Way

WEDNESDAY EVENINGS

6.45pm to 8.00pm



And you can join a friendly and enthusiastic group of runners being coached to achieve their goals and have an enjoyable running experience.

TRY IT!

..if it suits you then you might like to join Preston Harriers and progress to whatever you aspire to.



www.prestonharriers.net